

# FULFILLING MY Duty to God AS A TEACHER

## Family Activities

- I. In the Book of Mormon read Alma through Moroni and discuss with your family what Alma, Helaman and Moroni foretold about Christ, also discuss the brother of Jared and the strength of his faith.

Parent Initial

Reading Merit Badge, VS Ltr. Denali Award: Spiritual Activity, Personal Development

2. Study *For the Strength of Youth*. Discuss with each topic with your parents. Explain why each is important to young men and women.

Parent Initial

VS Ltr. Denali Award: Spiritual Activity, Personal Development

3. Discuss with your parents the purpose of a patriarchal blessing. When you feel you are ready; talk to your parents about obtaining your patriarchal blessing.

Parent Initial

VS Ltr. Denali Award: Spiritual Activity, Personal Development

4. Under the direction of your parents organize and teach four Family Home Evenings each year over a two year period.

Parent Initial

Year I: Year II:  
VS Ltr. Denali Award: Spiritual Activity, Personal Development

5. Read about the following topics in Gospel Principles or Principles of the Gospel, and teach two of them to your family: faith, the gift of the Holy Ghost, the Holy Ghost, obedience, the plan of salvation, prayer, priesthood, repentance, revelation, the sacrament, and temple and family history work.

Parent Initial

VS Ltr. Denali Award: Spiritual Activity, Personal Development

6. Memorize the words and learn to conduct 3 hymns each year. Hymn #1 in 2/4 time, Hymn #2 in 3/4 time, Hymn #3 in 4/4 time.

Parent Initial

Year I: Year II:  
VS Ltr. Denali Award: Spiritual Activity, Personal Development  
Music Merit Badge

7. Learn to prepare and use a simple budget. Keep a budget for 2 months.

Parent Initial

VS Ltr. Denali Award: Spiritual Activity, Personal Development  
Personal Management Merit Badge

8. Study and briefly describe to your parents your country's constitution and the events that led to its creation.

Parent Initial

First Class Rank Advancement, Citizenship in the Nation Merit Badge, VS Ltr. Denali Award: Spiritual Activity, Personal Development

9. Plan an activity in which you and your family serve a neighbor or relative. Carry out the activity together.

Parent Initial

Star and Life Rank Advancement, VS Ltr. Denali Award: Spiritual Activity, Personal Development

## Education, Personal, & Career Development

Select 8 or more goals from this category.

Continue your education, and develop additional skills in reading, writing, and mathematics.

Improve your reading skills by reading at least 6 issues of a church magazine.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Choose and discuss 3 careers that interest you.

Merit Badges: Forestry, Geology, Animal Science, Architecture, Art, Astronomy, Aviation, Chemistry, Cinematography, Communications, Dentistry, Engineering, Environmental Science, Journalism, Law, Photography, Plant Science, Space Exploration, Truck Transportation, Woodworking. VS Ltr. Denali Award: Personal Development, Roundtable

Visit and discuss 3 places of work you might enjoy. Find out what the likes and dislikes of people who work there. Find out how they prepared themselves for their jobs. Describe with your parents or priesthood leader how you would feel about working at such a job.

Merit Badges: Forestry, Geology, Animal Science, Architecture, Art, Astronomy, Aviation, Chemistry, Cinematography, Communications, Dentistry, Engineering, Environmental Science, Journalism, Law, Photography, Plant Science, Space Exploration, Truck Transportation, Woodworking. VS Ltr. Denali Award: Special Programs and Events, Roundtable

If a vocational interest test is available take it and discuss the results with your parents. If classes are offered at a school that could help you prepare for a potential career, discuss with your parents or a priesthood leader how they could help you do this.

VS Ltr. Denali Award: Personal Development, Roundtable

Discuss how your chosen career would allow you to maintain the moral standards of the Church.

VS Ltr. Denali Award: Personal Development

Learn and explain the entrance requirements for a technical school, college, or university; describe to your parents or priesthood leader at least 5 classes that interest you.

VS Ltr. Denali Award: Special Programs and Events, Roundtable  
Topic on College Preparation

Learn to play a musical instrument.

VS Ltr. Denali Award: Personal Development  
Music Merit Badge

Attend a "career night" where a guest speaker describes the steps a person should take to apply for a job and what characteristics employers look for in new employees.

VS Ltr. Denali Award: Personal Development, District Event

Collect & fill out 3 job applications as practice.

VS Ltr. Denali Award: Personal Development

In a language other than your own, learn to bear your testimony, and memorize the first 6 Articles of Faith.

VS Ltr. Denali Award: Personal Development, Interpreter Strip

Use a computer to prepare a church talk, a school assignment or another similar task.

Merit Badges: Computer and Communications, VS Ltr. Denali Award: Personal Development

## Citizenship and Social Development

Select 8 or more goals from this category.

Learn and practice proper personal hygiene and grooming, and explain to your parents or priesthood leader why these skills are important to your success and well-being.

VS Ltr. Denali Award: Physical Activity, Personal Development

Under the direction of a priesthood leader, plan and participate in at least 1 combined activity with your quorum members and the Young Women in the ward.

VS Ltr. Denali Award: Social or Cultural, Personal Development

Volunteer for 4 or more afternoons or evenings at a hospital, home for the ages, center for the disabled, welfare center, or homeless shelter.

Star & Life Rank Advancement, Disability Awareness Merit Badge, VS Ltr. Denali Award: Service Project, Roundtable provide list of places to volunteer

Invite your grandparents or other senior citizens to share their childhood memories with you. Take notes of the highlights.

Genealogy Merit Badge, VS Ltr. Denali Award: Social or Cultural Activity, Personal Development

Attend a village, community or city council meeting, share your impressions of the experience with your parents or priesthood leader.

Citizenship in the Community Merit Badge, VS Ltr. Denali Award: Citizenship Activity, Personal Development, Roundtable provide information or can be a district event

Visit a legal court and share your impressions of the experience with your quorum or family.

Law Merit Badge, VS Ltr. Denali Award: Citizenship Activity, Personal Development, Roundtable provide information or can be a district event

Learn to sing, alone or with a group, your national anthem; explain its origin to your parents or priesthood leader.

VS Ltr. Denali Award: Social or Cultural Activity, Personal Development

Discuss with your parents or priesthood leader ways to help prevent crime in your area.

Crime Prevention Merit Badge, VS Ltr. Denali Award: Citizenship Activity, Personal Development, Roundtable provide information about community watch

Develop a list of music, movies, television programs, and printed materials that are in harmony with the gospel standards.

VS Ltr. Denali Award: Personal Development

With your quorum members', plan and participate in a "etiquette dinner." The guests of honor could be quorum members parents.

VS Ltr. Denali Award: Social or Cultural Activity, Personal Development

As assigned by a priesthood leader, give at least 1 talk in sacrament meeting, or give a speech at school or in the community.

Communications Merit Badge, VS Ltr. Denali Award: Personal Development

With approval of neighborhood or community leaders, organize a project to clean and repair a public park or gathering place. Help maintain the ground for 2 months.

Star & Life Rank Advancements, VS Ltr. Denali Award: Social or Cultural Activity, Personal Development

## Spiritual Development

Select 8 or more goals from this category.

Study the purposes of the Aaronic Priesthood. Discuss what it means to "become converted" to the gospel of Jesus Christ.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Discuss with your parents or a priesthood leader what it means to keep the sabbath day holy. Practice appropriate sabbath observance.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Prepare and present at least 2 home teaching lessons.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Recite from memory the Articles of Faith and D&C 13.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Read and discuss a general conference address that teaches about the evils of immorality and pornography.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Complete a family group record for each of your grandparents where they are listed as children.

VS Ltr. Denali Award: Spiritual Activity, Personal Development  
Genealogy Merit Badge

Write regularly in a personal journal for at least 3 months.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

Regularly add to your mission fund in preparation for and anticipation of receiving a call to serve a full-time mission.

VS Ltr. Denali Award: Spiritual Activity, Personal Development  
Personal Management Merit Badge

Collect recipes for a dozen meals that a missionary can prepare quickly. Prepare at least 4 of these meals.

Cooking Merit Badge

Write 3 letters of appreciation to your family or ward members during the year. Thank them for their kindness and support.

Develop a list of 10 qualities that you admire in your father or another adult and discuss them.

Read at least 2 stories from a Church magazine. Share them with your family in Family Home Evening or with a priesthood leader.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

## Physical Development

Select 8 or more goals from this category.

Run 5 kilometers or 3 miles in 30 minutes or less.

Physical Fitness Merit Badge, VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Swim 75 meters using 2 different strokes.

First Class Rank Advancement, VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Demonstrate life saving skills in the water.

Life Saving Merit Badge, VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Hike 15 kilometers or 9 miles with 12 pound pack in 1 day.

Hiking Merit Badge, VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Participate in a group cultural arts performance such as a road show, play, folk dance, or other activity in a church, school, or community function.

Merit Badges: Music, Theater, VS Ltr. Denali Award: Social or Cultural Activity, Personal Development, District or Camp Event

Teach a younger person an indoor game or sport.

VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Participate on a quorum, ward or community sports team.

Sports Merit Badge, VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Learn to play or officiate a sport of your choice.

Merit Badges: Sports, Athletics, VS Ltr. Denali Award: Physical Activity, Personal Development, District or Camp Event

Participate in a 3 day quorum camping trip.

Camping Merit Badge, Varsity Big Event, VS Ltr. Denali Award: High Adventure/Sports Activity, District or Camp Event

Explain to your parents or priesthood leader how to survive for 48 hours if lost in the wilderness in both warm or cold seasons. Identify edible plants and animals, and explain how you would ensure the safety of drinking water.

Wilderness Survival Merit Badge, VS Ltr. Denali Award: Special Programs and Events, Roundtable, Summer Camp.

Learn & demonstrate distress signals to use during a crisis or when you are lost.

Wilderness Survival Merit Badge, VS Ltr. Denali Award: Special Programs and Events, Roundtable, Summer Camp.

Teach first aid skills to your family or quorum.

First Aid Merit Badge, VS Ltr. Denali Award: Special Programs and Events.

## Quorum Activities

Read & discuss D&C 20:53-57 and the *Teaching Handbook*. Discuss with a priesthood leader how you can be a good hometeacher.

VS Ltr. Denali Award: Spiritual Activity, Personal Development

As assigned by a priesthood leader, give at least 4-5 minute talk each year in priesthood or sacrament meeting.

Merit badges: Communications, Public Speaking, VS Ltr. Denali Award: Personal Development

Under the direction of a priesthood leader, teach or help teach, 1 or more lessons in the teachers quorum meeting.

VS Ltr. Denali Award: Personal Development

With the quorum, discuss how to prepare for and serve a full-time mission and ways to assist the full-time missionaries in your area.

VS Ltr. Denali Award: Personal Development

Invite and bring to church meetings a friend, a less active member, or a new member your age.

VS Ltr. Denali Award: Personal Development

Participate in baptisms for the dead, if possible. If not talk with a priesthood leader about the temple and what it means to Latter-Day Saints.

VS Ltr. Denali Award: Personal Development

Under the direction of a priesthood leader, participate in at least 1 teachers quorum service project each year.

Star & Life Rank Advancements, VS Ltr. Denali Award: Personal Development

